

Mechanisms of type I interferon action and its role in infections and diseases transmission in mammals

Paulina Niedźwiedzka-Rystwej¹✉, Weronika Ratajczak*, Beata Tokarz-Deptuła¹ and Wiesław Deptuła²

¹Department of Immunology, Faculty of Biology, University of Szczecin, Szczecin, Poland, ²Department of Microbiology, Faculty of Biology, University of Szczecin, Szczecin, Poland

Interferons (IFNs) are pivotal regulators of immunological processes. This paper describes mainly type I interferons - α and - β and their recently recounted signaling pathways, especially connected with ISGs – interferon stimulated genes, having a crucial role in regulating IFN recruitment. Moreover, the paper shows the data on the role of interferons - α and - β in infections – not only commonly known viral infections, but also bacterial, fungal and parasitic.

Key words: interferon, signaling pathway, infection, mammal

Received: 02 August, 2016; **revised:** 21 August, 2016; **accepted:** 21 August, 2016; **available on-line:** 07 April, 2017

✉ e-mail: kurp13@univ.szczecin.pl

*Student, Scientific Circle of Microbiologists, Faculty of Biology, University of Szczecin

Abbreviations: DAI, DNA-dependent activator of IFN regulatory factor; DC, dendritic cell; iNOS, induced nitric oxide synthase IFN, interferon; IL-1, interleukin 1; IFNAR, interferon α/β receptor; IRF3, IFN-regulatory factor 3; ISG, IFN-stimulated genes; JAK, Janus kinase; MAVS, mitochondrial adaptor proteins; MDA-5, melanoma differentiation gene-5; NK, natural killer; NLR, Nod-like receptors; NOD, nucleotide oligomerization domains; PAMP, pathogen associated molecular patterns; PRR, pattern recognition receptors; RLR, RIG-I like receptors; STING, stimulator of interferon genes; STAT, signal transducer and activator of transcription; TBK1, TANK-binding kinase 1; TLR, Toll-like receptors; TRIF, TIR-domain-containing adapter-inducing interferon- β ; TYK2, tyrosine kinase 2

INTRODUCTION

Response of an organism to infections caused by microorganisms is a highly complex process involving different types of the immune cells and different immunological mechanisms. Distinct elements and mechanisms of the immune response are activated depending on the infectious factor, and these elements are modulated by i.e. cytokines, which significantly influence the course of the immune response, including inflammation. Interferons (IFNs) belong to the group of important regulators of immunological processes.

These cytokines can be divided into three types: type I (IFN-I), type II (IFN-II) and type III (IFN-III) (Alsharifi *et al.*, 2008; Koyama *et al.*, 2008; Gessani *et al.*, 2014; Crouse *et al.*, 2015; McNab *et al.*, 2015). Type I interferons include various variants of IFN α (13 in humans and 14 in mice) produced by leukocytes (Alsharifi *et al.*, 2008; Gessani *et al.*, 2014; Davidson *et al.*, 2015; McNab *et al.*, 2015). IFN β is synthesized by fibroblasts, IFN ϵ by cells of the placenta (Durbin *et al.*, 2013; Ivashkiv & Donlin, 2014), IFN κ by keratinocytes (Durbin *et al.*, 2013), IFN ω is produced by leukocytes and shows

a similar activity to IFN α (Durbin *et al.*, 2013), whereas IFN τ and IFN ζ are synthesized and secreted by T and B lymphocytes (Alsharifi *et al.*, 2008; Sadler & Williams, 2008; Gessani *et al.*, 2014; Davidson *et al.*, 2015; McNab *et al.*, 2015), but their function is still not well known. IFN-II, also known as IFN γ is produced mainly by T, NK and NKT cells (Alsharifi *et al.*, 2008; Gessani *et al.*, 2014; Davidson *et al.*, 2015; McNab *et al.*, 2015), and IFN-III comprises IFN λ 1 (IL-29), IFN λ 2 (IL-28A), IFN λ 3 (IL-28B), which have similar functions to IFN-I, but their expression is detected only in epithelial cells (McNab *et al.*, 2015). In the human organism in response to viral, bacterial, fungal as well as parasitic infections the cells produce mainly IFN α and IFN β of the type I interferons, thus in this review the term IFN-I will be used to describe these two subtypes of IFN (Alsharifi *et al.*, 2008; Sadler & Williams, 2008; McNab *et al.*, 2015).

Interferons - α and - β play an important role in regulation of the innate immune system, especially modulating the functions of macrophages and dendritic cells. In addition, these cytokines significantly influence the adaptive immune response, regulating the function of T lymphocytes, mainly CD4+ and CD8+ cells (Gessani *et al.*, 2014; McNab *et al.*, 2015), i.e. by influencing Th lymphocytes polarization, as well as activation of Tc, NK and B cells (Alsharifi *et al.*, 2008; Gessani *et al.*, 2014). IFN-I are also involved in regulation of apoptosis and autophagy – important cellular processes activated in the course of viral and bacterial infections (Trinchieri, 2010; Malireddi *et al.*, 2013; Schmeisser *et al.*, 2014; McNab *et al.*, 2015). Studies showed that IFN- α and - β take part in activation of inflammasomes – functional receptors, thus regulating the IL-1 synthesis and indirectly influencing pyroptosis, an inflammatory cell death process dependent on caspase-1 which is released by inflammasomes interactions (Malireddi *et al.*, 2013; Pothlichet *et al.*, 2013). Both cytokines exert a pleiotropic effect by inducing antiviral immunity in infected and non-infected cells, as well as in the bystander cells, through activation of transcription of genes interacting with the virus replication cycle (McNab *et al.*, 2015). The key factor causing activation of cell signaling pathways that lead to IFN- α and - β synthesis is recognition of the pathogen associated molecular patterns (PAMP) by the pattern recognition receptors (PRR). On the other hand both interferons induce signal transduction in the cells after binding to specific cell surface receptors: IFNAR (interferon α/β receptor), which leads to activation of transcription of IFN-stimulated genes (ISG), whose protein products play an important role in the immune response (Durbin *et al.*, 2000; Koyama *et al.*, 2008; Sadler & Williams, 2008; Trinchieri, 2010; Crouse *et al.*, 2015; Durbin *et al.*, 2013; Urban & Welsh, 2014; McNab *et al.*, 2015).

IFN- α AND - β SIGNALING PATHWAYS

PRR receptors and IFN- α and - β induction

Effective immune response requires correct identification of the infectious agent by the cell, which is achieved by binding of PRR with PAMP. PRR, which are involved in transcriptional activation of IFN-I and are induced by microorganisms, include: TLR (Toll-like receptors), RLR (RIG-I like receptors, retinoic acid-inducible gene I like receptors), NLR (Nod-like receptors), as well as DAI family receptors (DNA-dependent activator of IFN regulatory factor) and enzymes, such as: DHX36 and DHX9 helicases, RNA polymerase III (Bonjardim, 2005; Alsharifi *et al.*, 2008; Koyama *et al.*, 2008; Trinchieri, 2010; Rathinam & Fitzgerald, 2011; Swiecki & Colonna, 2011; Taylor & Mossman, 2013; Crouse *et al.*, 2015; Urban & Welsh, 2014; White & Kile 2015).

TLR3 and TLR4 receptors, which recognize viral genetic material, e.g. dsRNA and bacterial lipopolysaccharides, and regulate type I IFN production, belong to TLRs expressed mainly on macrophages and dendritic cells (DCs) (Bonjardim 2005; Sadler & Williams, 2008; Trinchieri, 2010; Durbin *et al.*, 2013; Taylor & Mossman 2013). These receptors bind TRIF (TIR-domain-containing adapter-inducing interferon- β) adaptor molecule initiating the signal transduction and activating TANK-binding kinase1 (TBK1), which is a key enzyme in IFN- α and - β production, or I κ B kinase- ϵ (IKK ϵ) leading to phosphorylation/activation of IRF3 (IFN-regulatory factor 3) transcription factor. This in turn results in transcriptional activation of genes encoding IFN-I (Malmagaard, 2004; Onoguchi *et al.*, 2007; Trinchieri, 2010; Richards & Macdonald, 2011; Yesebrant *et al.*, 2014; McNab *et al.*, 2015). According to Swiecki and Colonna (Swiecki & Colonna, 2011) TLR2, expressed by monocytes and DCs, contributes to IFN- α and - β production by these cells *via* recognition of viral hemagglutinin; whereas, stimulation of plasmacytoid dendritic cells (pDCs), also synthesizing IFN-I in the course of other viral infections, i.e. HIV-1 (Swiecki & Colonna, 2010; Vermeire *et al.*, 2015), influenza (Killip *et al.*, 2015), Sendai virus or HSV (Swiecki & Colonna, 2010), is induced by different pathways. In the case of infections with ssRNA viruses pDCs are activated by endosomal TLR7 (Killip *et al.*, 2015), while ssDNA viruses stimulate TLR9 (Swiecki & Colonna, 2010; Tang *et al.*, 2010). TLR9 is a surface receptor expressed by pDCs and may also be activated by bacterial DNA (Malmagaard, 2004; Koyama *et al.*, 2008; Lousberg *et al.*, 2010; Trinchieri, 2010; Rathinam & Fitzgerald, 2011; Swiecki & Colonna, 2011). TLR7/9 induced signaling pathways are mediated by adaptor protein MyD88 which recruits transcription factor IRF7 (IFN-regulatory factor 7) expressed in lymphoid tissues and activated by the same kinases as IRF3 (Malmagaard, 2004; Bonjardim 2005; Koyama *et al.*, 2008; Trinchieri, 2010; Richards & Macdonald, 2011; Yan & Chen 2012; Durbin *et al.*, 2013; Paludan & Bowie, 2013; Yesebrant de Lendock & Martinet, 2014).

IFN- α and - β synthesis is also regulated by cytoplasmic receptors from RLR family, which consists of three different types of receptors: retinoic acid inducible gene-I (RIG-I), melanoma differentiation gene-5 (MDA-5) and laboratory of genetics and physiology-2 (LGP2). RIG-I has an activity of RNA helicase and recognizes viral dsRNA with its helicase domain (Ramos & Gale, 2011). RIG-I was also shown to be induced by ssRNA of paramyxoviruses, orthomyxoviruses (group A and B),

flaviviruses and arboviruses, e.g. Japanese encephalitis virus (JEV) (Onoguchi *et al.*, 2007). Another RLR family member – MDA5 senses dsRNA of rotaviruses, as well as ssRNA of picornaviruses (Koyama *et al.*, 2008; Ramos & Gale, 2011; Yan & Chen, 2012; Goubau *et al.*, 2013). Upon recognition of viral RNA these receptors are recruited by mitochondrial adaptor proteins MAVS (also known as IPS-1) or STING (stimulator of interferon genes) – an endoplasmic reticulum associated proteins (Swiecki & Colonna, 2011; Liu *et al.*, 2015), leading to activation of TBK1/IKK ϵ kinases, which in turn activates transcription factor IRF3 (Koyama *et al.*, 2008; Trinchieri, 2010; Ramos & Gale, 2011; Durbin *et al.*, 2013; Goubau *et al.*, 2013; Liu *et al.*, 2015).

Nod-like receptors (NLR) divided into four subfamilies (NLRA, NLRB, NLRC, NLRP) also belong to intracellular cytosolic sensors containing nucleotide oligomerization domains (NOD). NLRC: NOD1 and NOD2 contain additionally caspase recruitment domain (CARD) (Trinchieri, 2010), whereas NLRP, such as NLRP3, characterized by their PYRIN domains are involved in formation of inflammasomes and after binding viral ssRNA or dsRNA they lead to caspase-1 activation inducing pyroptosis (Koyama *et al.*, 2008). NOD receptors recognize exogenous nucleic acids and mucopeptides of bacterial walls (Trinchieri, 2010), transducing the signal via RICK (receptor-interacting serine-threonine kinase), which leads to induction of NF κ B causing cytokines production i.e. during *Mycobacterium tuberculosis* and *Helicobacter pylori* infections (Trinchieri, 2010). Furthermore, RICK was shown to interact with TRAF3 and MAVS causing activation of TBK1/IKK ϵ kinases and phosphorylation of IRF5 and IRF7 transcription factors involved in regulation of IFN β gene expression (Trinchieri, 2010; Durbin *et al.*, 2013). Studies showed that during infection with Newcastle disease virus (NDV) or HSV-1, high level of IRF5 expression was detected mainly in lymphoid tissue, whereas blood cells displayed low expression of this transcription factor (Malmagaard, 2004).

Several other cytosolic DNA sensors, such as: DAI (DNA-dependent activator of IFN regulatory factor) also known as ZBP1 (Z-DNA-binding protein 1) or DLM-1, RNA polymerase III, LRRFIP1, DDX36/DHX9 and IFI16 are involved in stimulation of IFN- α and - β synthesis in response to intracellular pathogens (Rathinam & Fitzgerald, 2011; Swiecki & Colonna, 2011; Yan & Chen 2012; Goubau *et al.*, 2013; Paludan & Bowie, 2013; Yesebrant de Lendock & Martinet, 2014; McNab *et al.*, 2015). DAI receptors recognize viral and bacterial DNA, causing IFN- α and - β production via signaling pathways mediated by TBK1/IKK ϵ kinases (Rathinam & Fitzgerald, 2011; Yesebrant de Lendock & Martinet, 2014), whereas LRRFIP1 is the viral and bacterial DNA sensor, which induces transcription of IFN β gene *via* pathway involving β -catenin (Rathinam & Fitzgerald, 2011; Yesebrant de Lendock & Martinet, 2014). The mechanism of LRRFIP1 actions was described in regard to infections caused by e.g. *Listeria monocytogenes* (Rathinam & Fitzgerald, 2011; Yesebrant de Lendock & Martinet, 2014). On the other hand IFI16, containing PYHIN domain within its structure binds nucleic acids of pathogens and interacts with STING protein, causing TBK1 activation and induction of IRF3 activity (Ishikawa *et al.*, 2009; Rathinam & Fitzgerald, 2011; Paludan & Bowie, 2013; Yesebrant de Lendock & Martinet, 2014). Studies showed that STING is a key factor in stimulation of IFN β synthesis in the course of infections caused by adenoviruses and herpes viruses (HSV1 and HSV2) (Ishikawa *et al.*, 2009).

DHX36 (DEXD/H-box helicase 36) and DHX9 (DEXD/H-box helicase 9) also play an important role in IFN- α and - β production. These enzymes were shown to recognize CpG-A and CpG-B DNA of HSV viruses in the cytosol of pDCs. Furthermore, RNA polymerase III is another enzyme involved in regulation of IFN-I synthesis. RNA polymerase III senses AT-rich DNA of adenoviruses or Epstein-Barr gamma herpes virus, and transcribes it into immunostimulatory RNA transcripts, which stimulate RIG-I receptors (Rathinam & Fitzgerald, 2011; Paludan & Bowie, 2013).

In addition, mitochondria of infected cells are also involved in the mechanisms of IFN- α and - β production (White & Kile, 2015). In stress conditions caused by infection mitochondrial DNA (mtDNA) is released from these organelles and binds to cyclic GMP-AMP synthase (cGAS). The mtDNA/cGAS complex activates STING, which in turn induces transcription of IFN- α and - β genes via signaling pathway mediated by TBK1 kinase and IRF3 transcription factor (White & Kile, 2015).

ISG – interferon stimulated genes

IFN- α and - β , which are synthesized in response to receptors activation and signal transduction, leading to stimulation of IFN-I genes expression, are responsible for induction of interferon stimulated genes – ISG. In the classical ISG-activation pathway IFN- α and - β bind to their transmembrane receptor that consists of two subunits: IFNAR1 (interferon α/β receptor 1) and IFNAR2 (interferon α/β receptor 2) (Bonjardim 2005; Ho & Ivashkin, 2006; Lousberg *et al.*, 2010; Gonzales-Navajas *et al.*, 2012; Durbin *et al.*, 2013; Ivashkin & Donlin, 2014; Levin *et al.*, 2014; Davidson *et al.*, 2015; McNab *et al.*, 2015). This leads to activation of JAK tyrosine kinases associated with these receptor subunits, namely JAK1 (Janus kinase 1) and TYK2 (tyrosine kinase 2), which in turn phosphorylate their downstream effectors – transcription factors STAT1 and STAT2 (signal transducers and activators of transcription 1 and 2) (Durbin *et al.*, 2000; Bonjardim 2005; Casanova *et al.*, 2012; Rauch *et al.*, 2013; Ivashkin & Donlin, 2014; Levin *et al.*, 2014; Davidson *et al.*, 2015; McNab *et al.*, 2015), causing their dimerisation and interaction with IRF9. As a result the ISG factor 3 (ISGF3) complex is formed, translocates into the nucleus and binds to IFN-stimulated regulatory elements (ISREs) within the promoter region of ISG (Bonjardim 2005; Ho & Ivashkin, 2006; Casanova *et al.*, 2012; Gonzales-Navajas *et al.*, 2012; Durbin *et al.*, 2013; Ivashkin & Donlin, 2014; Levin *et al.*, 2014; Davidson *et al.*, 2015; McNab *et al.*, 2015). ISREs have a characteristic sequence TTTCNNTTTC (Malmagaard, 2004; Ivashkin & Donlin, 2014), and recognition of this site by ISGF3 leads to transcription activation of even hundreds of ISGs (Richards & Macdonald, 2011; Ivashkin & Donlin, 2014; Levin *et al.*, 2014; McNab *et al.*, 2015; Schmeisser *et al.*, 2014). Currently, ISGs can be divided into two groups: “robust genes”, activated even by low concentrations of weak-binding IFNs, and “tunable genes” whose activation requires a high concentration of high-affinity IFNs as well as high concentration of surface receptors. Products of robust genes show antiviral activity, whereas tunable genes encode proteins showing chemokine activity, and regulating cell proliferation or inflammatory response (Levin *et al.*, 2014). ISG activation may be induced by classical or alternative signaling pathways that differ only in the type of transcription factors involved in stimulation of their transcription. The above-mentioned classical pathway involves kinases: JAK1,

JAK2, TYK2 (tyrosine kinase), whereas alternative route of ISG activation is mediated by transcription factors from STAT family: STAT3, STAT4, STAT5A, STAT5B, which also may be induced by signaling pathways activated by other cytokines (Casanova *et al.*, 2012; McNab *et al.*, 2015). Thus, the pleiotropic effects of IFN- α and - β result from their ability to induce various routes of activation of a broad spectrum of ISGs, whose protein products are directly involved in restriction of viral replication, inhibition of bacterial growth, but also may regulate synthesis of other cytokines and chemokines modulating the functions of the immune cells, or acting as pro-apoptotic factors (Lopez *et al.*, 2006; Ivashkin & Donlin, 2014; Levin *et al.*, 2014; McNab *et al.*, 2015). Studies showed that IFNs-induced signaling pathway mediated by STAT3/STAT5 has anti-apoptotic and pro-mitogenic effects, while STAT4-mediated signaling promotes IFN γ synthesis and clonal expansion of lymphocytes (Urban & Welsh, 2014).

IFN- α AND - β IN VIRAL INFECTIONS

It was well documented that activation of ISG in infected and neighboring cells results in the synthesis of factors limiting viral replication, i.e. RNA-activated protein kinase R (PKR) and 2'-5'-oligoadenylate synthetase (OAS) (Bonjardim 2005; Alsharifi *et al.*, 2008; Koyama *et al.*, 2008; Sadler & Williams, 2008; Davidson *et al.*, 2015; Durbin *et al.*, 2013; Ivashkin & Donlin, 2014; Levin *et al.*, 2014; McNab *et al.*, 2015). Furthermore, this process leads to activation of Mx protein (Sadler & Williams, 2008; Yan & Chen 2012; Levin *et al.*, 2014; Sandler *et al.*, 2014), apolipoprotein APOBEC (Bonjardim 2005; Yan & Chen, 2012; Schmeisser *et al.*, 2014; McNab *et al.*, 2015) and interferon-induced transmembrane proteins IFITM (Bonjardim 2005; Yan & Chen 2012; McNab *et al.*, 2015). These factors also inhibit the translational apparatus or induce intracellular degradation of ssRNA viruses in order to limit their spreading (Davidson *et al.*, 2015). Indirect and direct function of IFN- α and - β exerts direct or indirect influence on the antigen-presenting cells (APC), such as: DCs, T lymphocytes, NK cells, B lymphocytes and cells of the myeloid lineage. Studies showed that IFN β expression occurs in all virus-infected cells, whereas IFN α is expressed only in APC, especially in pDCs (Crouse *et al.*, 2015; McNab *et al.*, 2015). Furthermore, IFN- α and - β are involved in activation of apoptosis and autophagy in cells during viral infections. In addition, recent studies demonstrated that both IFNs may play a role in alternative mechanism of NLRP3 inflammasome activation resulting in the induction of pyroptosis (Malireddi *et al.*, 2013).

IFN α plays the key role in activation of many immunological factors involved in viral infections and differentiation of macrophages into DCs. This cytokine also takes part in APC maturation and stimulates the expression of MHC class I and II, other surface proteins, e.g.: CD40, CD80, CD83, CD86 (Ou *et al.*, 2001; Lopez *et al.*, 2006; Swiecki & Colonna, 2010; Swiecki & Colonna, 2011; Durbin *et al.*, 2013; Crouse *et al.*, 2015; Davidson *et al.*, 2015; Gessani *et al.*, 2014; McNab *et al.*, 2015), chemokine receptors CCR5 and CCR7 and lymphocyte-associated antigen 1 (LFA1) (Durbin *et al.*, 2013; Gessani *et al.*, 2014; Crouse *et al.*, 2015; Davidson *et al.*, 2015; McNab *et al.*, 2015). Therefore, IFN α is often described as “endogenous adjuvant” (Lopez *et al.*, 2006). Moreover, IFN α by acting on DCs regulates chemotaxis production, e.g.: CXCL9 and CXCL10 (CXC-chemo-

kine ligands) specifically targeting antigen-presenting T lymphocytes (Crouse *et al.*, 2015; Davidson *et al.*, 2015; McNab *et al.*, 2015). It was also shown that IFN- α and - β indirectly activate T cells via DCs which have the ability to present antigen, migrate and express cytokines stimulating maturation and differentiation of T lymphocytes population in peripheral lymphatic organs (Crouse *et al.*, 2015; McNab *et al.*, 2015). This mechanism constitutes an important element of antiviral immune response (Swiecki & Colonna, 2010; Crouse *et al.*, 2015; Hastings *et al.*, 2015).

Another example of indirect effect of IFN-I on T lymphocytes differentiation is the IFN-I-stimulated production and secretion of cytokines by DCs, e.g. IFN γ , which is involved in activation of Th1 lymphocytes differentiation. In addition, DCs activated by IFN α synthesize IL-15 and IL-7, whose actions induce proliferation and survival of T and NK cells. Stimulation of DCs by IFN- α and - β also results in production of IL-12 regulating Th1 cells. On the other hand high concentrations of IFN- α and - β may inhibit the activity of Th1 lymphocytes (Lopez *et al.*, 2006; Swiecki & Colonna M, 2011; Crouse *et al.*, 2015). Studies showed that during influenza virus and cowpox virus infections IFN- α and - β cause increased activation of NK cells and stimulate the synthesis of IFN γ *via* pathways mediated by STAT transcription factors, leading to regulation of Th1 cells function (Crouse *et al.*, 2015; McNab *et al.*, 2015). Aside from the indirect effect of IFN- α and - β on T lymphocytes, these cytokines may directly influence the functions of CD4 $^{+}$ and CD8 $^{+}$ T cells (Crouse *et al.*, 2015; McNab *et al.*, 2015). In the case of CD4 $^{+}$ T cells type I IFNs induce their differentiation into Th1 lymphocytes, which in turn synthesize IFN γ (Bonjardim 2005; Alsharifi *et al.*, 2008; Swiecki & Colonna, 2010). IFN- α and - β also enhance the immune response of Th1 cells by inhibiting production of cytokines typical for Th2 cells, i.e. IL-4 and IL-5 (Alsharifi *et al.*, 2008). CD4 $^{+}$ T lymphocytes stimulated by IFN- α and - β interact with B cells and are involved in their clonal expansion (McNab *et al.*, 2015). On the other hand both interferons inhibit growth of CD8 $^{+}$ T lymphocytes through STAT1-mediated signaling pathway (McNab *et al.*, 2015), although despite the antiproliferative function they may regulate CD8 $^{+}$ T cells survival and clonal expansion (Alsharifi *et al.*, 2008; Urban & Welsh, 2014; Yesebrant de Lendock & Martinet, 2014; McNab *et al.*, 2015). IFN- α and - β are also involved in regulation of differentiation, function and number of memory T cells (T $_m$) by inducing their expansion to the sites of viral infection (Alsharifi *et al.*, 2008; Swiecki & Colonna, 2010; McNab *et al.*, 2015; Urban & Welsh, 2014). Both interferons act positively on T $_m$ lymphocytes function also in the case of secondary viral infections. It was demonstrated that in the course of Sendai virus infections IFN-I enhance the cytotoxic effect of T $_m$ cells. During the immune response to lymphocytic choriomeningitis virus (LCMV) infections these cytokines induce chemokines production by T $_m$ cells, whereas in mouse cytomegalovirus (MCMV) infections IFN- α and - β regulate IL-15 and IL-18 production exerting their effect on monocytes (Alsharifi *et al.*, 2008; McNab *et al.*, 2015). A significant role of IFN- α and - β was also observed during chronic LCMV infections (Ou *et al.*, 2001). Studies using a mouse model of arenavirus infections, showed that in the course of long-term infections the cells lost their antigen-specific activity, causing repression or loss of CD8 $^{+}$ T lymphocytes, which are specific for this type of infections (Ou *et al.*, 2001; Urban & Welsh, 2014). Some scientific reports also demon-

strated the influence of IFN- α and - β on regulatory T cells (Treg) population, causing either a decline in the number of Tregs or induction of these cells proliferation (Hastings *et al.*, 2015).

IFN- α and - β are also important regulators of NK cells function, increasing their proliferation, maturation as well as accelerating the cytotoxic activity of these cells and IFN γ synthesis (Stackaruk *et al.*, 2013). Moreover, it was shown that activation of the cytotoxic activity of NK cells by type I IFNs (Ou *et al.*, 2001; Swiecki & Colonna, 2010; Swiecki & Colonna, 2011; Chijioke & Munz 2013; Crouse *et al.*, 2015) stimulates the pDCs to produce IFN- α and - β (Chijioke & Munz, 2013).

In addition, IFN- α and - β stimulate B lymphocytes to become antibodies producing B cells (Lopez *et al.*, 2006; Swiecki & Colonna, 2011), although these cytokines may also decrease survival and development of the precursor and immature B cells (Alsharifi *et al.*, 2008; Yesebrant de Lendock & Martinet, 2014). During viral infections IFN- α and - β induce the secretion of B lymphocyte stimulator (BLyS, also known as BAFF) and A proliferation-inducing ligand (APRIL) by activation of macrophages and DCs (Kiefer *et al.*, 2012). These proteins constitute the key factors for the survival of B cells in the periphery (Kiefer *et al.*, 2012). The positive role of both type I IFNs in activation of B lymphocytes is also connected with their ability to regulate the profile of IgG antibodies subclasses synthesized by these cells in the course of influenza virus infections (Alsharifi *et al.*, 2008; Kiefer *et al.*, 2012; McNab *et al.*, 2015). Furthermore, IFN- α and - β induce production of IgM and IgA antibodies by B cells (Alsharifi *et al.*, 2008; Swiecki & Colonna, 2010) and are required for activation of B lymphocytes in the lymph nodes, where they are additionally involved in production of TNF β – a cytokine showing protective function towards a specific phenotype of macrophages (McNab *et al.*, 2015). It was demonstrated that during infection of human macrophages with avian influenza virus subtype H5N1 type I interferons, especially IFN β , are among the cytokines appearing at the earliest stages of infection (Moulin *et al.*, 2011; Davidson *et al.*, 2015), and can be detected before other proinflammatory cytokines and chemokines, such as: IL-12 and macrophage inflammatory protein 1 β (Mip-1 β) (Davidson *et al.*, 2015). Increased level of IFN α during H5N1 virus infection is connected with augmented secretion of cytokines causing aberrations in coagulation, which was also demonstrated in the course of viral haemorrhagic fevers (Moulin *et al.*, 2011).

IFN- α and - β not only play an important role in the regulation of the immune cells functions, but also are involved in the regulation of cellular mechanisms leading to different types of programmed cells death – caspase dependent apoptosis (Koyama *et al.*, 2008; Davidson *et al.*, 2015) as well as autophagy (Trinchieri, 2010; Levine *et al.*, 2011; Durbin *et al.*, 2013), which are activated during viral infections. Apoptosis induction requires activation of specific cell signaling pathways initialized by binding of ligands to specific surface membrane receptors. Ligands known to induce this process include cytokines, such as Apo2L protein also known as TRAIL (TNF-related apoptosis – inducing ligand), which belongs to the TNF superfamily (TNFSF10). TRAIL binds to death receptor 5 (DR5) on the cell membrane activating the extrinsic programmed death pathway. During influenza A virus infections increased levels of IFN- α and - β result in an increase in TRAIL expression in monocytes and accelerated expression of death receptors on infected epithelial cells, causing host's inflammatory re-

sponse (Davidson *et al.*, 2015; McNab *et al.*, 2015). Increase in TRAIL and DR5 expression was also noted in the course of HIV-1 infection in pDCs (McNab *et al.*, 2015). In addition, IFN- α and - β were shown to induce the extrinsic apoptotic pathway by regulating expression of FAS (CD95), which binds to another apoptosis inducer – FAS ligand (Crouse *et al.*, 2015). Moreover, this programmed cell death may be induced in virus-infected macrophages via TLR4-dependent mechanisms involving synthesis of PKR regulated by ISG expression (Sadler & Williams, 2008).

On the other hand, autophagy was shown to be required for the production of IFN α by pDCs following recognition of viral antigens by TLR7 (Lee *et al.*, 2007; Lee & Iwasaki, 2008; Swiecki & Colonna, 2010; Levine *et al.*, 2011; Schmeisser *et al.*, 2014). Some studies demonstrated negative regulation of RLR by IFN- α and - β , resulting from interactions of ATG (autophagy related proteins) proteins: ATG5-ATG12 involved in autophagy induction, with RIG-I domains of these receptors (Levine *et al.*, 2011). Additionally, ATG9 was shown to negatively regulate STING (Levine *et al.*, 2011). Other studies describe the role of IFN- α and - β in autophagy induction through the classic activation pathway mediated by IFNAR receptor, JAK and TYK kinases and STAT transcription factors (Schmeisser *et al.*, 2014). Moreover, IFN- α and - β were shown to activate PI3K (phosphoinositide 3-kinase) pathway, which is known to negatively regulate autophagy via activation of mTORC1 (mammalian target of rapamycin complex 1) and phosphorylation of ATG proteins (Kudchodkar & Levine, 2009; Durbin *et al.*, 2013; Schmeisser *et al.*, 2014). Simultaneously, mTOR kinase activation by IFN-I controls cell growth and metabolism during infections with several viruses, including Epstein-Barr virus, Kaposi sarcoma-associated herpesvirus (KSHV), hepatitis C virus (HCV), human papillomavirus (HPV16) and retroviruses (Trinchieri, 2010; Levine *et al.*, 2011; Durbin *et al.*, 2013). This leads to autophagy inhibition and tumorigenesis promotion (Trinchieri, 2010; Levine *et al.*, 2011). TBK1 constitutes another link between IFN-I and autophagy, as this enzyme is involved in activation of the complex stimulating ISG transcription, as well as regulates autophagy, which is a cellular process subjected to viral suppressive mechanisms, leading to increase in ISG expression in infected cells (Zhao, 2013). Furthermore, studies demonstrated that during infection with influenza virus, there is an accelerated production of IFN- α and - β resulting in limitation of the infection by induction of IL-5 and IL-10 secretion (Durbin *et al.*, 2000).

IFN- α AND - β IN BACTERIAL INFECTIONS

It is commonly accepted that IFN- α and - β play a role in bacterial infections; however, detailed mechanisms of their actions have not been fully elucidated yet. Studies demonstrated that in the course of *Listeria (L.) monocytogenes* infection secretion of hemolytic toxin – listeriolysin O (LLO) causes increase in IFN-I production in macrophages via RLR- and STING-dependent pathways (Malireddi *et al.*, 2013). The signal is then mediated by TBK1-IRF3 axis (Swiecki & Colonna, 2011; Malireddi *et al.*, 2013), resulting in the synthesis of highly toxic nitric oxide (NO) (Rauch *et al.*, 2013). Furthermore, *L. monocytogenes* triggers assembly of inflammasomes, such as AIM2, NLR4 and NLRP3, and this process, connected with pyroptosis

activation, is regulated by IFN- α and - β (Gonzales-Navajas *et al.*, 2012; Malireddi *et al.*, 2013; Pothlichet *et al.*, 2013; Rauch *et al.*, 2013). Type I interferons are also involved in STAT1-dependent induction of apoptosis during *L. monocytogenes* infection (McNab *et al.*, 2015). It was shown that IFN- α and - β protect macrophages and lung epithelial cells infected with *Legionella (L.) pneumophila* through induction of MAVS and IRF3 pathway (Gonzales-Navajas *et al.*, 2012). In addition, these cytokines were shown to induce cell death processes, including apoptosis and pyroptosis during *L. pneumophila* infections most probably by upregulation of pro-cell death molecules, such as BAK (BCL2-antagonist/killer 1) and TRAIL (Malireddi *et al.*, 2013). Similar protective mechanism of IFN-I actions was demonstrated in the course of *Bacillus anthracis* infections. IFN- α and - β were reported to inhibit germination of *B. anthracis* spores (Malireddi *et al.*, 2013; McNab *et al.*, 2015). *Francisella (F.) tularensis* and *F. tularensis subsp. novicida* also belong to intracellular bacteria causing induction of IFN- α and - β secretion in an IRF3-dependent manner, which leads to formation of AIM2 inflammasome (Gonzales-Navajas *et al.*, 2012; Malireddi *et al.*, 2013; Pothlichet *et al.*, 2013; McNab *et al.*, 2015). During *Salmonella typhimurium* infections type I IFNs induce STAT4-dependent synthesis of IFN γ (Trinchieri, 2010) accelerating the cell death processes (Malireddi *et al.*, 2013). On the other hand, during *Chlamydia* infections type I interferons inhibit the pathogen's growth cycle at the point of transformation of elementary body (EB) into reticulate body (RB), resulting in inhibition of *Chlamydia* replication (Trinchieri, 2010). It was suggested that in the case of infections with *Chlamydia pneumoniae* IFN- α and - β interact with IFN γ , allowing the host to effectively limit the survival of the pathogen (McNab *et al.*, 2015). Studies conducted on mouse models showed that IFN- α and - β have protective role during *Streptococcus (S.) pneumoniae*, *S. pyogenes*, *Pseudomonas aeruginosa*, *Helicobacter pylori* and *Escherichia coli* infections (Swiecki & Colonna, 2011; Malireddi *et al.*, 2013). However, the activity of IFN-I not always brings a positive outcome for the infected organism. It was demonstrated that in the case of infections with *Mycobacterium (M.) sp.* elevated expression and secretion of IFN- α and - β lead to increased *M. tuberculosis* virulence and suppress the production of proinflammatory cytokines IL-1 α and IL-1 β , leading additionally to inhibition of IL-1 β secretion (Ivashkiv & Donlin, 2014). Such effect can be caused by repression of the activity of NLRP1 and NLRP3 inflammasomes in a STAT1-dependent manner, thereby inhibiting IL-1 β production (Guarda *et al.*, 2011; Gonzales-Navajas *et al.*, 2012; Malireddi *et al.*, 2013; McNab *et al.*, 2015). Experimental mouse models were also used to study the effect of IFN- α and - β on the immune system in the presence or absence of the commensal bacteria (Rauch *et al.*, 2013; Ivashkiv & Donlin, 2014; McNab *et al.*, 2015). Lack of functional intestinal microflora, caused i.e. by antibiotic treatment, results in strong reduction of ISG expression. Moreover, in the absence of IFNAR signaling in the intestinal epithelial cells there is an increase in Paneth cells proliferation, leading to changes in the intestinal microflora. Studies showed that the commensal microbial flora of the intestines determines the basal level of IFN- α and - β production, providing the protective function and maintaining organism in homeostasis upon response to pathogenic factors (Ivashkiv & Donlin, 2014; McNab *et al.*, 2015).

IFN- α AND - β IN FUNGAL AND PARASITIC INFECTIONS

The role of IFN-I was also indicated in fungal infections. During infections with *Candida (C.) albicans*, *Cryptococcus neoformans* IFN- α and - β were shown to be involved in induction of reactive oxygen species (ROS) formation, enabling *C. albicans* elimination in the course of phagocytosis. In the case of *Cryptococcus neoformans* infections both interferons maintain the immune response of the organism by sustaining high levels of IFN γ , TNF, induced nitric oxide synthase (iNOS) and CXCL10 chemokine (McNab *et al.*, 2015). The role of IFN- α and - β was also demonstrated during *Candida glabrata* and *Histoplasma capsulatum* infections, although the exact mechanisms of their action have not been elucidated so far (Malireddi *et al.*, 2013; McNab *et al.*, 2015). Nevertheless, it was documented that different forms of fungal glucans and mannans are recognized by TLR and CLR receptors activating signaling pathways which lead to cell death induction or cytokines synthesis (Malireddi *et al.*, 2013).

The immune response of the organism is also regulated by IFN- α and - β during *Leishmania (L.) major*, *Plasmodium (P) spp.* and *Trypanosoma cruzi* infections. Studies demonstrated that type I IFNs induce iNOS during leishmaniasis, although too high levels of these cytokines may result in weakened iNOS induction (McNab *et al.*, 2015; Paludan & Bowie, 2013). Furthermore, high activity of iNOS may suppress the function of macrophages, as well as formation of neutrophils and their number. This dual effect of IFN-I on the immune response was also noted in *Plasmodium* infections. In the case of *P. berghei* and *P. chabandi* infections IFN- α and - β may augment the parasitic invasion suppressing the function of CD4+ T cells; whereas, during *P. yoelii* infections these cytokines exert a positive effect causing reticulocytosis inhibition (McNab *et al.*, 2015). Similar results were obtained in the studies on *Trypanosoma* infections, as these parasites may regulate NO synthesis and negatively affect T cells producing IFN γ , the cytokine playing an important role during *Trypanosoma cruzi* infections (McNab *et al.*, 2015).

SUMMARY

Despite the fact that the functions of IFN- α and - β are often described as non-immunological, their role in the immune response during viral, bacterial, fungal and parasitic infections is significant. IFN-I actions are mediated by PRR receptors expressed on the surface of the immune cells, and result in induction of cell death process, i.e. apoptosis, autophagy and pyroptosis. Furthermore, the expression of IFN- α and - β in the immune cells is tightly regulated by specific signaling pathways.

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