

Review

The role of labile iron pool in cardiovascular diseases[★]

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Although multiple factors are associated with cardiovascular pathology, there is now an impressive body of evidence that free radicals and nonradical oxidants might cause a number of cardiovascular dysfunctions. Both direct damage to cellular components and/or oxidation of extracellular biomolecules, e.g. LDL, might be involved in the aetiology of cardiovascular diseases. The key molecules in this process seem to be iron and copper ions that catalyse formation of the highly reactive hydroxyl radical. Chelation of iron ions has a beneficial effect on the processes associated with the development of atherosclerosis and formation of post-ischemic lesions. These findings are indirectly supported by the increasing body of evidence that stored body iron plays a crucial role in pathogenesis of atherosclerosis and ischemia/reperfusion injury.

There is increasing body of evidence that oxidative stress caused by an excessive exposure to reactive oxygen species (ROS), such as hydroxyl ($\bullet\text{OH}$) and superoxide ($\text{O}_2^{\bullet-}$) radicals, hydrogen peroxide (H_2O_2) and to reactive nitrogen species (RNS), such as nitric ox-

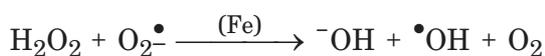
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Abbreviations: DNIC, dinitrosyl iron complexes; DTM1, divalent metal transporter 1; FR, ferritin; LIP, labile iron pool; LPL, low density lipoproteins; RNS, reactive nitrogen species; ROS, reactive oxygen species; SOD, superoxide dismutase; TF, transferrin; TFR, transferrin receptor.

ide ($\bullet\text{NO}$) or peroxynitrite (ONOO^-) has deleterious effect on the whole organism at different levels. At the cellular level, radical and nonradical by-products of the aerobic lifestyle may change the cellular redox status and, as a consequence, cellular signalling pathways. An additional consequence may be damage induction to the important biomolecules, such as DNA, proteins and lipids. The damage might be reflected at the organism level as induction of diseases, including cancer and ageing. Moreover, some products of radical damage to lipids or sugars readily react with proteins or nucleic acids, thus forming secondary products of oxidative damage, sometimes far from the initial place of origin (Stadtman & Berlett, 1997).

Although oxidative stress is an unavoidable consequence of aerobic metabolism, the majority of by-products of four electron reduction of the O_2 molecule is of a rather low reactivity. However, trace amounts of unprotected transition metal ions can catalyse the reaction of the low reactive $\text{O}_2^{\bullet-}$ and H_2O_2 that gives rise to the highly toxic hydroxyl radical.



The biological importance of formation of $\bullet\text{OH}$ through the Fenton chemistry has been recently discredited due to the consumption of $\text{O}_2^{\bullet-}$ by $\bullet\text{NO}$ and formation of ONOO^- instead of $\bullet\text{OH}$ (Koppenol, 1998; 2001). However, the hydroxyl radical is still commonly accepted as the main source of oxidative damage to the cell (Fridovich, 1998; Liochev & Fridovich, 1999; Termini, 2000).

Transition metal-driven generation of oxygen-derived free radicals is known to induce oxidation of proteins, lipids and lipoproteins, nucleic acids, carbohydrates and other cellu-

lar components. Thus, oxidative stress may play an important role in the pathological processes triggered by the presence of unshielded iron or copper ions. Studies of animals revealed an elevated level of thiobarbituric acid reactants in liver homogenates of animals injected with iron dextran (Galleano & Puntarulo, 1992). Dillard and Tappel (1979) reported also an increase in ethane and pentane, the volatile autooxidation products of unsaturated fatty acids, exhaled in rats receiving multiple iron dextran injections. Elevated mitochondrial lipid peroxidation was also observed in rats chronically exposed to ferric nitrilotriacetate (Bacon *et al.*, 1983).

LABILE IRON POOL

In most cells iron homeostasis consists of iron uptake, utilisation and storage. The process of iron uptake is carried out by transferrin receptor (TFR) and divalent metal transporter 1 (DMT1, also called DCT1; NRAMP2), whereas ferritin (FR) is an intracellular iron-sequestering protein. Since uptake and storage of iron is carried out by different proteins, there is a pool of accessible iron ions, called labile iron pool (LIP) that constitutes crossroads of metabolic pathways of iron-containing compounds. The term "labile iron pool" was proposed in 1946 by Greenberg and Wintrobe (1946) and reintroduced by Jacobs (1977) as "a transient iron pool". More recently, the term "chelatable iron" has been introduced, as most methodological approaches for detection of this pool of iron ions are based on the use of metal chelators.

LIP is defined as a low-molecular-weight pool of weakly chelated iron that rapidly passes through the cell. It likely consists of both forms of ionic iron (Fe^{2+} and Fe^{3+}) associated with a variety of ligands with low affinity for iron ions. LIP represents only a minor fraction of the total cellular iron (3–5%). It has been proposed that iron is complexed by

diverse low-molecular weight chelators, such as citrate and other organic ions, phosphate, carbohydrates and carboxylates, nucleotides and nucleosides, polypeptides and phospholipids (Kakhlon & Cabantchik, 2002; Petrat *et al.*, 2002; Kruszewski, 2003); however, the actual nature of the intracellular ligands participating in LIP formation remains obscure.

In spite of the variety of methods for LIP quantification (for reviews see: Kakhlon & Cabantchik, 2002; Petrat *et al.*, 2002; Kruszewski, 2003) little is known of its intracellular distribution. The use of laser scanning microscopy enabled the determination of the concentration and distribution of chelatable iron in intracellular compartments. Using this technique Petrat *et al.* (2001) determined in rat hepatocytes an average cellular iron concentration of $5.0 \pm 2.0 \mu\text{M}$. Interestingly, they found that hepatocyte nucleus contained $6.6 \pm 2.9 \mu\text{M}$ of chelatable iron. In rat liver endothelial cells, the nuclear LIP concentration was even higher ($11.8 \pm 3.9 \mu\text{M}$). Although the amount of total nuclear iron in hepatocytes was estimated to be similar to that of the cytoplasm (Lai *et al.*, 1996), the surprisingly high content of redox-active iron in the nucleus presents a hazard of DNA damage. In the same set of study the authors found that intramitochondrial chelatable iron concentration in rat hepatocytes was at least $4.8 \pm 2.3 \mu\text{M}$ (see for discussion Petrat *et al.*, 2001), and $9.2 \pm 2.7 \mu\text{M}$ in the mitochondria of rat liver endothelial cells. Also found was a small subpopulation of endosomes/lysosomes containing a high amount of chelatable iron ($15.8 \pm 4.1 \mu\text{M}$), likely those degrading iron-containing proteins.

Despite the mysterious nature of LIP, its source is better defined than that of its ligands. A continuous demand for iron available for synthesis of iron-containing proteins forces a permanent iron flux from the extracellular milieu (environment) to the cytoplasm. Hence, iron uptake is to be one of the major sources of LIP. In most mammalian cells, iron uptake is carried out in two differ-

ent ways, depending on the form of iron to be taken up and cell type (reviewed in Andrews, 2000). Figure 1 briefly summarises the iron delivery pathways and their impact on the LIP formation. Transferrin bound iron (TBI) is taken up *via* receptor-dependent endocytosis. Transferrin (TF) binds Fe^{3+} iron ions present in blood serum, and in turn, is bound by TFR present on the cell surface. The complex is internalised and bound iron ions are released in the endosomes and transported to the cytoplasm. The transferrin bound iron and TF/TFR mediated iron delivery pathway play a crucial role in the metabolism of erythroid precursors and hepatocytes. Its disruption leads to early embryonic death, as has been shown in TFR knocked-out mice (Levy *et al.*, 1999).

The non-transferrin bound iron enters cells *via* the DMT1-mediated pathway. DMT1 is a low affinity divalent metal cation transporter with a broad substrate specificity (Gunshin *et al.*, 1997). Mutation in DMT1 protein causes severe iron deficiency anaemia due to the reduced intestinal iron absorption (Fleming *et al.*, 1997; 1998) and defective iron uptake by erythroid cells (Edwards *et al.*, 1978). Exposure to non-transferrin iron is a common way for elevating LIP level in mammalian cells (Breuer *et al.*, 1995).

Apart from iron uptake, a potential source of LIP are intracellular iron-containing proteins. The best known is FR, an iron storage protein that is capable of storing 4500 Fe^{3+} ions per molecule. FR plays a dual role in LIP homeostasis. In iron rich conditions it acts as an iron sequestering protein, protecting cells against iron toxicity. Overexpression of the heavy subunit of FR decreases the LIP level (Picard *et al.*, 1998) and decreases the H_2O_2 induced DNA damage (Cozzi *et al.*, 2000). At low iron conditions it acts as a source of iron ions necessary for iron containing protein synthesis, however, the mechanism of iron release from ferritin remains obscure (Lipinski & Drapier, 1998). Incubation of erythroid precursor cells with iron-loaded FR caused an in-

crease in cellular LIP (Meyron-Holtz *et al.*, 1999). Konijn *et al.* (1999) have also shown that restoration of LIP in LIP-depleted K562 cells is accompanied by a decrease in the amount of intracellular FR.

The ubiquitous occurrence of heme proteins in organisms makes these proteins another potential source of LIP. Unlike TF- and FR-bound iron, iron bound in the heme prosthetic group enters the Fenton reaction re-

The least known in LIP formation is the role of non-heme iron proteins. Of the major interest from the point of view of LIP formation are 4Fe-4S clusters. The activity of many 4Fe-4S proteins is sensitive to oxidative stress. Hydrogen peroxide rapidly reacts with 4Fe-4S clusters of mammalian cytosolic aconitase, converting the enzyme into the inactive 3Fe-4S form (Brazzolotto *et al.*, 1999), and the released iron ion probably enters the

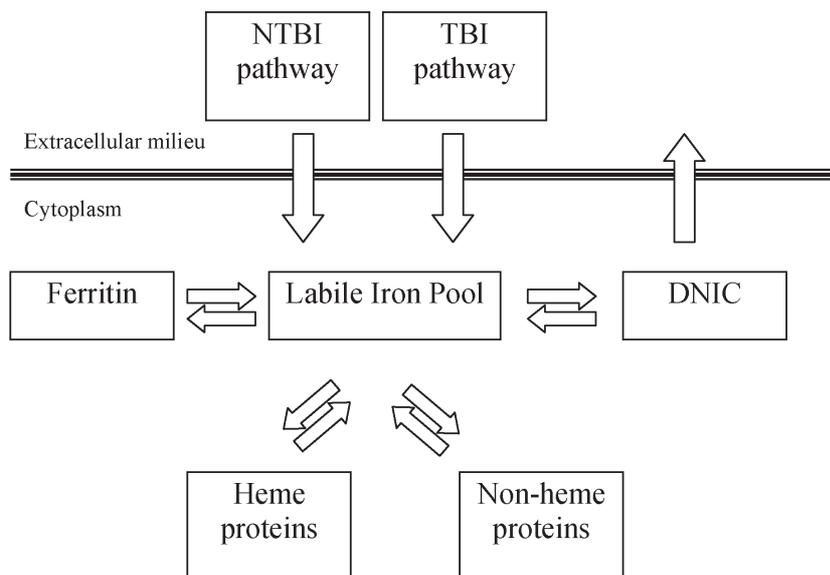


Figure 1. Origins and fate of the cellular LIP.

This general diagram summarises the potential sources and utilisation of cellular LIP. NITB, non-transferrin bound iron; TBI, transferrin bound iron; DNIC, dinitrosyl iron complexes.

sulting in generation of the highly toxic hydroxyl radical (Alayash *et al.*, 2001). To prevent the toxic action of heme iron in oxidative stress conditions heme oxygenase (HO) is induced (Applegate *et al.*, 1991). HO, which exists in an inducible (HO-1) and a constitutive (HO-2) form, oxidises heme to CO, biliverdin, and ferrous iron. Indeed, Kvam *et al.* (2000) found that HO activity causes a transient hypersensitivity to the oxidative effect of ultraviolet A radiation that depends on release of iron from heme. It has also been found that induction of HO-1 in response to hemin administration causes an increase in iron ferritin levels and ferritin content in rat brain (Gonzales *et al.*, 2002).

LIP. An EPR study revealed that a similar mechanism was involved in nitric oxide induced inhibition of aconitase activity (Kennedy *et al.*, 1997). Prolonged incubation of recombinant human cytosolic aconitase (Soum & Drapier, 2003) or of human fibroblasts (Castro *et al.*, 1998) with nitric oxide or peroxyxynitrite promotes complete disruption of the 4Fe-4S cluster and induction of the protein's RNA binding activity. Inhibition of aconitase enzymatic activity and induction of its RNA binding activity by nitric oxide is accompanied by an increase in the LIP level in mouse lymphoma cells (Kruszewski *et al.*, 2002). Disassembly of the 4Fe-4S cluster of mitochondrial or cytosolic aconitase by H₂O₂

and O_2^{\bullet} was also reported (Gardner, 1997; Bulteau *et al.*, 2003).

Little is known about the mechanism of iron export from the cell. A divalent iron ion exporter, ferroportin 1, has been found on the basolateral membrane of enterocytes. Exported Fe^{2+} ions are subsequently oxidised to the Fe^{3+} form by hephaestine, a ferroxidase that probably co-operates with ferroportin 1 or by plasma ceruloplasmin and it is then bound by transferrin. Ferroportin 1 is expressed in liver, spleen and kidney (Donovan *et al.*, 2000) and is likely involved in the release of iron from the cells that need to export it. The mechanism of iron export from other cell types is unclear. It has been proposed that iron ions might leave cells as a complex with low molecular weight thiols and/or nitric oxide. Mononuclear dinitrosyl iron complexes (DNIC) are formed when ferrous iron and $\bullet NO$ react with low molecular weight thiols, amino acids, peptides or proteins (McDonald *et al.*, 1965; Woolum *et al.*, 1968). Although $\bullet NO$ has a high affinity for the metal centers of metalloproteins (Henry *et al.*, 1993; Vanin & Kleschyov, 1999) and has been found to bind the iron-sulphur center of mitochondrial aconitase (McDonald *et al.*, 1965; Drapier, 1997), LIP might be involved in formation of DNIC complexes of $\bullet NO$ with low molecular weight thiols, such as glutathione or cysteine (Vanin & Kleschyov, 1999). DNIC and RSNO complexes were shown to coexist at equilibrium in systems that include $\bullet NO$, thiols and LIP (Vanin *et al.*, 1997). DNIC complexes with glutathione and cysteine have been considered as a transmembrane NO transporter, and can serve as physiological regulatory factors, especially in immune and cardiovascular systems (Ueno & Yoshimura, 2000).

THE ROLE OF LIP IN ATHEROSCLEROSIS

Atherosclerosis is one of the major causes of coronary heart disease, and is responsible for

about 40% of deaths in U.S.A., Europe and Japan. Both environmental and genetic factors are involved in the ethiology of atherosclerosis. The major risk factors are age, sex, familiar predisposition, hyperlipidemia, smoking, obesity, diabetes and infections (Knight, 1999). Several hypotheses have been proposed to explain the process, among those at least two are relevant to oxidative stress. The most prevalent hypothesis concerning the mechanism of atherosclerosis aetiology is the "inflammation theory" (Ross, 1999) that describes atherosclerosis as proliferation of smooth muscle cells in response to different insults to the arterial wall. There is a large body of evidence that production of ROS and RNS occurs at the site of inflammation and contributes to the cellular damage (Salvemini *et al.*, 1996; Cuzzocrea *et al.*, 1997). Production of ROS and RNS during the inflammation process can induce oxidation of low density lipoproteins (LDL) that have been proposed as a major factor inducing plaque formation (Knight, 1999). In laboratory animals and in humans it has been demonstrated that increased oxidative stress results in modification of LDL (Steinberg, 1993). Moreover, in clinical studies increased plasma level of lipid peroxides has been demonstrated in patients with peripheral atherosclerosis (Traverso, 2001). This could be completely inhibited by chelation of iron and copper ions (Steinbrecher *et al.*, 1984); the observation points to the crucial role of Fenton reaction products in the induction of LDL peroxidation. In an *in vitro* study, LIP catalysed free radical-mediated oxidation of LDL that occurred in endothelial cells, smooth muscle cells and macrophages. An iron chelator, defepirprone, prevented the oxidation of LDL and protected human umbilical vein epithelial cells from the cytotoxicity of oxidised LDL (Matthews *et al.*, 1997). Moreover, addition of LDL to cell cultures results in elevation of intracellular free iron level; this suggests a direct relationship between LDL and iron metabolism (Van Lenten *et al.*, 1995). Further evidence of the role of

iron ions in atherosclerosis pathology was recently provided by Gackowski *et al.* (2001). The authors found a higher level of LIP in lymphocytes of atherosclerotic patients as compared with those of matched control.

The discovery that the cells of atherosclerotic plaque derive from a single smooth muscle cell led to the proposal of an alternative hypothesis – the “monoclonal hypothesis”. This hypothesis assumes that atherosclerosis begins as a mutation of a single cell that proliferates into an atherosclerotic plaque. A hypothesis similar in principle to this one has been proposed for tumor induction (Trosko & Chang, 1980). Recent investigations suggest that oxidative base damage may play a crucial role in pathogenesis of the disease (De Flora *et al.*, 1997; Traverso, 2001; Lee & Blair, 2001; Martinet *et al.*, 2002). An elevated level of 8-hydroxy-2'-deoxyguanosine (8-oxoGua) has been found in lymphocytes of atherosclerotic patients (Gackowski *et al.*, 2001) and in all cell types of the plaque, including macrophages, smooth muscle cells, and endothelial cells (Martinet *et al.*, 2002). The elevated level of 8-oxoGua in lymphocytes of atherosclerotic patients showed a good correlation with the LIP level (Gackowski *et al.*, 2002). On the other hand, availability of iron ions is crucial for cell proliferation. Porreca *et al.* (1994) found a significant antiproliferative effect of the iron chelator deferoxamine on smooth muscle cells both *in vitro* and *in vivo*.

Dysfunction of endothelium likely contributes to the pathogenesis of cardiovascular disease. Duffy *et al.* (2001) reported that patients with coronary artery disease have impaired endothelium-dependent vasodilatation. This response is restored by infusion of an iron chelator. The authors hypothesise that deferoxamine also affects NO-mediated vasodilatation; this is consistent with the assumed role of DNIC in NO-mediated processes.

THE ROLE OF LIP IN ISCHEMIA/REPERFUSION INJURY

Atherosclerosis is a common cause of the restriction or abolition of blood supply, known as ischemia. Due to the decline in oxygen availability, to continue ATP regeneration, cells have to switch from aerobic to anaerobic metabolic pathways. As a result of decreased efficacy of ATP production, cellular ATP stores become depleted, as ATP is converted to ADP and subsequently to AMP and uric acid. Ischemic cells and tissues cannot survive without restitution of blood flow and oxygen supply. Although ischemia ultimately evokes cell death, a sudden reconstitution of blood flow, i.e. reperfusion, also induces severe cell and tissue injury. It has been shown in the heart that during the reperfusion phase O_2^{\bullet} is produced that rapidly reacts with $\bullet NO$ and forms $ONOO^-$ (Matheis *et al.*, 1992). Alternatively, dismutation of O_2^{\bullet} (spontaneous or SOD-dependent) leads to formation of H_2O_2 , which, in turn, gives rise to the highly reactive hydroxyl radical. In a recent study of global ischemia in rat heart, early reperfusion resulted in 600% increase in myocardial H_2O_2 content (Slezak *et al.*, 1995). Both $ONOO^-$ and H_2O_2 are known to release iron ions from iron-sulphur proteins thus increasing intracellular LIP that can be liberated from the cells, either in the form of DNIC or as a result of disintegration of necrotic cells. Indeed, substantial mobilization of copper and iron in the coronary flow immediately following prolonged cardiac ischemia was observed. In the first coronary flow fraction of reperfusion after 35 min of ischemia, the level of copper and iron was 8- to 9-fold higher than the pre-ischemic value (Chevion *et al.*, 1993). Further, in a randomised study of ischemia/reperfusion in dogs, Reddy *et al.* (1989) demonstrated that administration of

a potent iron chelator, deferoxamine, reduced the extent of myocyte necrosis, presumably due to the lesser availability of Fenton reaction catalysts.

SUMMARY

In addition to traditional risk factors, such as hypertension, hyperlipidaemia, diabetes and cigarette smoking, there is increasing body of evidence that iron metabolism may also influence cardiovascular disease. Reduction of the total body iron through phlebotomy may play a role in the treatment or prevention of atherosclerosis, whereas the rise in body iron stores after adolescence in men or menopause in women is linked to the pathogenesis of the disease. Establishing the relationship between LIP and body iron stores would help to understand the role of LIP in the aetiology of cardiovascular diseases. Prospective studies are necessary to clarify the impact of iron stores and LIP on overall and cardiovascular morbidity and mortality.

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